



Chehalem Park and Recreation District
Volunteer Youth Sport Coach Application



Chehalem Park and Recreation District believes maximum participation, with the opportunity to develop and grow as a participant both on and off the field, is our main objective. A youth program should be as its name implies: **a program for the kids**. With this in mind, Chehalem Park and Recreation District developed this form to help us get to know potential coaches so that we may put together the best possible coaching team.

Name: _____

Address: _____

State Zip

Email Address: _____

Phone: _____

1. Would you like to coach: Soccer Basketball Football Softball Volleyball
 Track Lacrosse Cross Country

2. Have you ever coached or been involved with youth (please explain below):

3. List reasons for wanting to become a volunteer coach:

4. What, in your opinion, is the youth coach's role when assigned a team?

6. What is your past experience in the particular sport you wish to coach?

7. Which grades(s) do you wish to coach?

8. Which gender do you wish to coach? Male _____ Female _____

9. Have you officiated in the sport you wish to coach? Yes _____ No _____

10. Since most practices are during weekday afternoons or evenings, along with Saturday games, will your schedule allow practices 2-3 times a week (in addition to games?) Yes _____ No _____

When can't you practice? Days/Times: _____

11. Do you have a child participating in the sport you want to coach? Yes _____ No _____

If yes, please list child's name: _____

I have answered the above questions truthfully. If so, please sign below to acknowledge:

Signature: _____ Date: _____



Chehalem Park & Recreation District
Managers & Coaches Code of Conduct



Name (print): _____

I promise to conduct myself in accordance with the conduct as given next and understand my conduct as a role model to children:

1. I will do my best to learn the fundamental skills, teaching, and evaluation techniques and strategies of my sport.
2. I will learn the strengths and weaknesses of my athletes so that I might place them in situations where they have a maximum opportunity to achieve success
3. I will treat each athlete, opposing coach, official, parent and administrator with respect and dignity. I understand that profanity is prohibited from all team activities by all participants.
4. I will not tolerate any form of abuse of children, volunteers, or parents, be it physical, verbal, emotional, ethical or sexual and will immediately report any such abuse to the proper authorities.
5. I will not tolerate unsportsmanlike conduct from my coaching staff, players or fans and I will be held responsible for them as well as myself.
6. I will do my best to become thoroughly familiar with the rules of my sport and my job responsibilities.
7. I will uphold the authority of officials and game management who are assigned to the contest in which I coach, and I will not interfere as they perform their duties.
8. I will conduct my practices and games in a positive and supportive manner so that all athletes have an opportunity to improve their skill level through active participation.
9. I will conduct all of the activities under my supervision so that all athletes have an opportunity to improve their skill level through active participation.
10. I will become familiar with and agree to support the purpose of my job responsibilities as a Volunteer Youth Sports Coach.
11. I will cooperate with C.P.R.D. administration and I will report program irregularities and the violation of rules and regulations immediately.
12. I will encourage open communication between myself, parents, players and C.P.R.D.

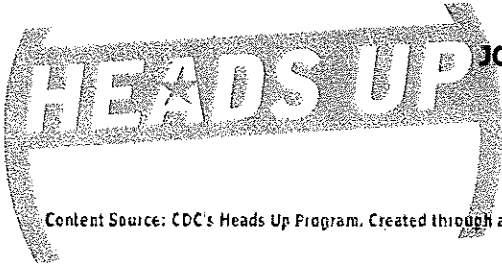
I recognize the Chehalem Park & Recreation District has full and final authority to investigate and resolve all rule violations or charges of improper conduct by a manager or coach. I understand that the league may reprimand or relieve me of my duties as a volunteer coach if I am found to be violating this contract or the terms of my job description.

Signature: _____ Date: _____

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete

concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care



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TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

Content Source: CDC's Heads Up Program. Created through a grant to the CDC Foundation from the National Endowment for the Arts.

should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of

professional.

3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or even longer

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

NAME PRINTED

NAME SIGNED

DATE

CPRD VOLUNTEER COACH BACKGROUND CHECK

All volunteers 18 and older are required to complete a background check prior to volunteering. You will be receiving an email (please watch your spam/junk folder) from "Hire Right" to submit your information for the background check. It can take approximately 1 week to complete *after* you submit your information. To begin this process, please **legibly print** your legal name and email address. If you would also like to receive the background check process via text, your cell phone number will also need to be submitted, but is optional.

Legal first and last name (required): _____

Email address (required): _____

Cell phone (optional): _____ *text messaging and data rates may apply depending on your carrier and plan.

Coach signature: _____

Date: _____